

**GYAN-O-PEDIA lecture-“WORKSHOP ON INTEGRATED HOLISTIC ENERGY HEALING SYSTEM”**

1. **Speaker:** Ms. Parul Shah
2. **Designation:** Certified Yoga Prana Vidya Healer and Trainer
3. **Date and time:** 26<sup>th</sup> August 2022, 1:00 to 4:00 PM
4. **No. of Students:** 58
5. **Faculty Coordinator :** Dr. Nishkruti Mehta, Ms. Kamna Tripathi
6. **Platform:** Offline

**Report:** Khyati college of Pharmacy conducted a workshop on “**INTEGRATED HOLISTIC ENERGY HEALING SYSTEM**” on 26<sup>th</sup> August 2022 in the college auditorium from 1 PM to 4 PM. It was sixth lecture in the Gyan-O-Pedia lecture series.

Ms. Parul Shah was invited as the speaker of workshop. She was Certified Yoga Prana Vidya healer and Trainer with 25yrs plus experience in gynac field. She treated many cases by Yoga Prana Vidya healing like Arthritis, IBS, GERD, Stress, Corona, Facial Problems, Depression, Fever, Infection etc. She published research paper in international journal on successful healing of Adenomyosis.

Ms. Parul Shah discussed about importance and benefits of healing system. She guided to all students for stress management and immunity improvement yoga. This yoga will help to increase memories and immunity of students by doing regularly.

